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www.innerspa.org

Inner Spa's In Touch Rewards

At Inner Spa, we believe in the positive benefits of regular massage therapy. We are confident that our In Touch Rewards Program will make you a believer, too! Complete five massages within six months and receive 25% off one of the following wonderfully relaxing and cleansing services. The only hard part will be choosing your reward!

Far Infrared Sauna

Far infrared sauna therapy helps detoxify naturally and rejuvenates the body to experience total wellness. Far infrared sauna can:

- Improve blood circulation
- Promote cellular renewal
- Boost metabolism
- Lift moods and energy levels
- Enhance detoxification
- Relieve muscle spasms, pain and tension
- Increase extensibility of collagen tissue
- Reduce inflammation
- Promote regeneration and fast healing
- Improve skin tone

Aqua Detox Foot Spa

The Aqua Detox Foot Spa clears toxic build up on a cellular level. The water is charged with millions of ions that enter the body through the feet. These ions allow the body to purge tissue acid waste and release it through the thousands of pores on the soles of the feet. Watch the water change color as the toxins are released from the body! Cleansing with the Ion Detox Foot Spa can:

- Reduce premature aging
- Boost energy
- Improve skin issues

- Decrease allergies
- Balance the body's pH level
- Support immunity

Aroma Touch Therapy

Using simple, methodical hand movements to apply specific Certified Pure Therapeutic Grade® doTERRA® essential oils to the back and feet, this service produces a profound, whole-body wellness experience designed to detoxify and restore the body's balance. AromaTouch addresses four systemic constants that may limit one's health: stress management, immune support, inflammatory response, and autonomic imbalance. Perfect for anyone who wants an overall sense of wellbeing and relaxation.

^{*}All In Touch Rewards sessions, including the promotional reward session, must be completed within six months of the first massage. Previous massage appointments cannot be counted toward the five In Touch Rewards sessions. Massages purchased as part of other discounts or promotions (including Massage Monday special) cannot be counted toward the five In Touch Rewards sessions. No other discounts, promotions or coupons can be combined with the promotional reward session.

^{**}These statements have not been evaluated by the Food & Drug Administration. Services presented are not intended to diagnose, treat, cure or prevent any disease or condition.